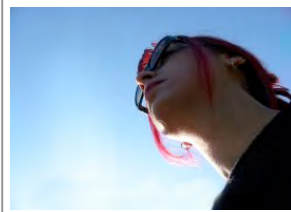


Purpose

“Every calling is great when greatly pursued.”

- Oliver Wendell Holmes Junior



A Note From Your Coach

Purpose!

A life of Purpose is truly an inspired one.

Your life purpose is beyond your goals. It's beyond your day-to-day life. It's the vibrant vision and harmonizing voice that resonates with your inner mind. Your purpose is your lifelong vision. Even if you act out only part of this vision during this lifetime, the whole world will be dazzled by your expression of genius and you will taste true joy and fulfilment.

I encourage you to really push yourself with the exercises this week. Remember, you can learn to change anything you want to.

- Complete your Action Steps.
- Write up your Purpose Statement and read it each day.
- Now link each area of your life to your Life's Purpose.

What have you learnt? What have you achieved? How have you changed? Our CELEBRATION is coming!

In the next session we will look at the quantum leaps you have made in your personal growth and awareness and in your life in general.

It'll be time to take stock and acknowledge your successes to date. Bring a party hat, grab a glass of champagne or your favourite tippie. It's going to be fun!!

Until then ...

LIVE YOUR DREAMS!

Your Coach

"Inspiration, creative power, and energy flow into you when you attune yourself with the infinite."

- Yogananda

My Primary Purpose

I,

hereby declare, before myself and others, that my purpose in life is:

To be...

By...

So that I may have...

Signed:

SESSION 12 – CLIENT COPY

Linking things to my Life's Purpose

How does what I am doing now help me get closer to my Life's Purpose?

For example: "Coaching others helps me learn about human behaviour every day."

How does what I am currently doing in my **career** help me with my life's purpose?

How does what I am currently doing in the area of **family** help me with my Life's Purpose?

How does what I am currently doing in the area of **spirituality** help me with my Life's Purpose?

How does what I am currently doing in the area of **health** help me with my Life's Purpose?

How does what I am currently doing in the area of my **relationship with my partner** help me with my Life's Purpose?

How does what I am currently doing in my relationships with my friends help me with my Life's Purpose?

How does what I am currently doing in the area of **money** help me with my Life's Purpose?

My Action Steps Contract

I hereby contract with myself:

I,,
 take full and personal responsibility for doing whatever it takes to
 complete the action steps I have agree upon with my coach.

I formally agree to see this project through. I have listed the Action Steps
 that I believe are necessary for me to achieve my dreams and live the life
 I would love to live. I have planned ahead and at this time see no reason
 why I cannot complete my Action Steps. I hereby declare that I will
 complete my Action Steps by their allotted times. I also commit that, in the
 event that I do not complete my Action Steps, I will make a donation in the
 amount of to the charity of my choice and/or take the steps
 listed below.

I am living in the solution and being the person I need to be.

Signed

Witnessed

Dated

If I do not complete my action steps, I undertake to do the following:

.....

Secrets

- With thanks to Dr Wayne Dyer and Dr John Demartini

The First Secret

Have a Mind That Is Open to Everything and Attached to Nothing. Let neither Pleasure nor Pain interfere with the pursuit of your Purpose.

The Second Secret

You will be Praised and Reprimanded to the same degree at all times.

The Third Secret

You Can't Give Away What You Don't Have. Fill your Cup First.

The Fourth Secret

Embrace both sides of Love; the so-called Negative and the Positive.

The Fifth Secret

Give Up Your Personal History. The Past was perfect to get you here.

The Sixth Secret

You Can't Solve a Problem with the Same Mind That Created It.

The Seventh Secret

There Are No Justified Resentments.

The Eighth Secret

Treat Yourself As If You Already Are What You'd Like to Be.

The Ninth Secret

Treasure Your Divinity. You are Magnificent.

The Tenth Secret

Wisdom is the Instantaneous Realization that Crisis is a Blessing